



## Aberdeen Football Club

### JOB DESCRIPTION ■ FIRST TEAM PHYSIOTHERAPIST

<b>Employee Name:</b>	TBC
<b>Job Title:</b>	First Team Physiotherapist
<b>Line Manager:</b>	Head of Medical & Football Science
<b>Line Manager for:</b>	N/A
<b>Date Started:</b>	TBC
<b>Overall Purpose of Job:</b>	
To provide the highest standard of care, in line with the departments strategic plan, to all professional players and contribute to the overall success of the Medical and Football Science department.	
<b>Main Responsibilities/Description of Duties:</b>	
<ul style="list-style-type: none"><li>• To provide evidence-based care to full-time athletes throughout all stages of the injury process.</li><li>• Contribute to the departments injury prevention strategies and pro-actively seek out new ideas.</li><li>• Provide comprehensive electronic medical records for the confidential storage of patient notes via club software, 'The Football Squad'.</li><li>• In conjunction with the Medical and Football Science department, devise treatment plans for injured players with an emphasis on decreasing injury recurrence.</li><li>• To assist in profiling physical aspects of professional players.</li><li>• Travel with squads when required for both training and competitive fixtures.</li><li>• Actively engage with professional development, contributing to the objectives of the department.</li><li>• Embraces evidence-based practice and shows a desire to stay at the forefront of sports medicine.</li><li>• Maintain excellent communication between department and football management.</li><li>• Applicant must be highly motivated, displaying a strong team ethic, and have a desire to progress personally and as part of the Medical and Football Science team.</li></ul>	

<b>Experience/Qualifications/Training</b>	
<p><b>Essential:</b></p> <p><b>QUALIFICATIONS</b></p> <ul style="list-style-type: none"> <li>• BSc or MSc (Pre-reg) Physiotherapy</li> <li>• HCPC registered</li> </ul>	<p><b>Desirable:</b></p> <p><b>QUALIFICATIONS</b></p> <ul style="list-style-type: none"> <li>• Working towards or have MSc in a Sports Physiotherapy or related degree.</li> </ul>
<p><b>KNOWLEDGE &amp; EXPERIENCE</b></p> <ul style="list-style-type: none"> <li>• Five years' experience of working in an elite Football environment;</li> <li>• Proven track record of returning athletes safely to competition;</li> <li>• Experience working in a multidisciplinary environment, incorporating all aspects of football medicine and science;</li> <li>• Travelled with professional squads;</li> <li>• Evidence of advanced clinical reasoning skills.</li> </ul>	<p><b>KNOWLEDGE &amp; EXPERIENCE</b></p> <ul style="list-style-type: none"> <li>• Worked with elite athletes from a range of sports;</li> <li>• Experience or desire to conduct research;</li> <li>• UK Anti-Doping qualifications.</li> </ul>
<p><b>TRAINING</b></p> <ul style="list-style-type: none"> <li>• Current advanced pitch side trauma certificate (Sport PROMOTE or equivalent).</li> <li>• Excellent IT and presentation skills.</li> </ul>	<p><b>TRAINING</b></p> <ul style="list-style-type: none"> <li>• N/A</li> </ul>
<p><b>PERSONAL QUALITIES</b></p> <ul style="list-style-type: none"> <li>• Excellent communication skills while being able to motivate athletes.</li> <li>• Team focused and able to act for the good of the team/department.</li> <li>• Self-driven and able to work effectively under pressure.</li> </ul>	<p><b>PERSONAL QUALITIES</b></p> <ul style="list-style-type: none"> <li>• N/A</li> </ul>
<p><b>Signed by Employee:</b></p>	<p><b>Signed by Line Manager:</b></p>
<p><b>Date:</b></p>	<p><b>Date:</b></p>